



Hildegard House

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Hildegard House is Now Open!

Hildegard House, a dream only two years ago, is now a reality. It's difficult to believe how far we've come, but we've had so much help along the way:

How we got started -

- Things really got moving in May 2015 on the Mayor's Day of Service, where 50 radiators and over 4000 square feet of carpet were removed by over 65 volunteers.
- Next, Clore Construction donated a massive amount of time, expertise, materials and sweat equity in partnering with us to create a beautiful, functional and comfortable home.
- A ribbon cutting and interfaith house blessing took place in April 2016 with over 300 attendees.
- Residents were accepted July 2016!
- We purchased the property in August 2016.
- To date, we have served eight residents, with four on the waiting list.
- We have over 300 volunteers giving tender loving care and sharing their skills.

These miracles could only have happened through the gift of time and talents that we received from innumerable volunteers, a passionate Board of Directors, and many generous benefactors and donors

Hildegard House is a community resource, serving our most vulnerable neighbors. We do not bill our residents or charge a fee. Every resident has a hospice team, as well as caring volunteers that serve as a caregiving family.

We are located in historic Butchertown in the former Ursuline convent at St. Joseph Church. We've spent the past year renovating the building in order to provide care to those who are at the end of life and who are most in need.

Blessings and gratitude to all who have been a part of making the mission of Hildegard House a reality!

Executive Director's Message



Dear Friends,

There are so many things to be grateful for here at Hildegard House! We are fulfilling our mission of serving residents that have no home or family at the end of life.

Our first resident had been in the hospital for 33 days. He was miserable in the hospital, agitated and uncomfortable. He lived alone and his family was all out of town. He came to Hildegard House in the afternoon and we made him comfortable in his own room, a soft pillow, clean sheets and volunteer at his side. His out of town family came to visit him late that evening. They were even able to bring his two year old grandson. In the middle of the night, he died. I think he thought he

was home surrounded by his family. He had a hand to hold and someone at his side.

This is our mission at Hildegard House, providing a home and companions to those at the end of life who have no home or family. We served six residents in our first two months. Over 45 volunteers and staff provide tender, loving care to our residents, supported by an energetic Volunteer Coordinator. A passionate Board of Directors support and guide our mission. Many generous donors, individuals, organizations and foundations support us financially.

My heart is full of gratitude for each one of you.

Karen Cassidy-Executive Director

From the Volunteer Coordinator



Compassionate Companions takes up a good deal of my time. I really enjoy being able to craft each training session to the needs of, not only our residents, but of the volunteers themselves. It is such a joy to be able to work with people who share the same passion for the mission of Hildegard House and who want to devote their time and energies toward helping those who have no one to care for them and no place to go at the end of their lives. I have met so many amazing and generous people since I've been here, I feel very lucky indeed!

I was born and raised in Louisville. At Assumption High School, I discovered my love of helping others while fulfilling service hours at the

Mattingly Center. I then attended Bellarmine University where I studied one of my other passions: English Literature. I have a great love for writing and I published my first book of poetry while attending Bellarmine. I recently earned a Masters of Art in Religion with a focus on religious thought from Louisville Presbyterian Theological Seminary. At seminary I was able to study theology with so many talented and dedicated professors. Through the Women's Center at LPTS I attended the 59th Commission on the Status of Women at the United Nations and I later attended the Parliament of World Religions in Salt Lake City, UT. I live with my husband and son and a beagle named Lupine in the Highlands.

Abbie Trowbridge
- Volunteer Coordinator

I was privileged to join Hildegard House in the position of Volunteer Coordinator at the beginning of June. I'm responsible for the recruitment, training, and scheduling of Hildegard House's volunteer corps. After managing the volunteer schedule, creating and continually updating the curriculum for the training of

Ways You Can Make a Difference

Volunteers are the heart of Hildegard House and it takes many of them to keep us going. If you want to help our residents, we would love to have you join us as a volunteer. We always need people to serve our residents and keep the house functioning smoothly. We also need donations to ensure the long-term viability of our residence.

Here are some specific ways you can help:

Become a Compassionate Companion – Compassionate Companions serve as the family members and caregivers for our residents. Besides keeping company and supporting the emotional and mental needs of the resident, Compassionate Companions may be found making lunch, doing laundry or administering medication. We ask that our Compassionate Companions be able to serve at least one five-hour shift per week and to become a Compassionate Companion, volunteers must first complete a training program. We will host our next volunteer training, 9 a.m. – 4 p.m. on Saturday, November 5. If you would like to attend, contact Abbie Trowbridge atrowbridge@hildegardhouse.org or call 502-581-8267

Make a financial contribution

Hildegard House does not charge its residents a fee or bill insurance. We rely solely on charitable donations for our day-to-day operating funds. Here's how your gift can help:

- **\$1459 pays our mortgage for one month;**
- **\$600 will cover night staff pay for a week**
- **\$400 pays our utilities for one month and**
- **\$250 provides care for one resident for one day.**

We have just purchased the property at 114 Adams Street and now have a mortgage. The Greens Foundation has given us \$50,000 towards the purchase of the house with the stipulation that we find other donors to match toward the \$255,000 purchase price. Can you help?

Whether you choose to volunteer your time, make a financial contribution or choose to do both, we sincerely appreciate you and your willingness to give!

You can make a difference!

Wish List

Kitchen

Aluminum Foil
Plastic wrap
Baggies (all sizes)
Paper towels
Small plastic cups
Straws
Plastic silverware

Cleaning & Household

Laundry Detergent (He, unscented)
Dishwasher tablets
Pine Sol
Wet Swifter sheets
Disinfecting wipes
Toilet bowl cleaner
Bleach
Trash Bags (13 & 30 gallon)
Paper Yard Waste Bags
Kitchen towels

Personal

Wet wipes, unscented
Latex gloves
Hand Sanitizer
Toilet Paper
Twin sheet sets
Cotton nightgowns
Sweat pants

Office

File folders
Binders – 1" and ½"
8.5x11 copy paper
Stamps

Food

Applesauce & pudding snack cups
Canned tuna and chicken
Brownie mix
Muffin mix
Keurig K-cups
Chicken noodle & tomato soup
Pancake syrup
Bisquick
Lemonade & ice tea mix
Canned soda



Our Board

William Green III, *Board Chair*
Missy Bonsutto, *Vice-Chair*
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Karen Cassidy, *Executive Director*



Hildegard House
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Louisville, KY 40206

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Hildegard House

HildegardHouse.org
502-581-8267



Upcoming Events!

**Dinner and Dancing To Benefit
Hildegard House**
Saturday, November 19th

Oxmoor Country Club, 7 until 11 o'clock,
Hosted By Rachel Platt

Tickets \$100 each
Table of 10 - \$1000.000
Cocktail Attire
Music by The Remedy
RSVP 502-608-9560

Just Creations Shopping Night
2722 Frankfort Ave.
December 14

Wednesday December 14, 6-8

**Compassionate Companion
Volunteer Training**
November 5

9 a.m. – 4 p.m. Saturday